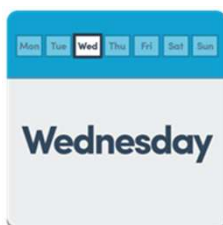


Locality Group Meeting



Kings Centre
30 Queen Anne's Road,
Great Yarmouth,
NR31 0LE

The East Locality Group had three main topics:



Amanda Johnson, First look at the Draft Learning Disability Plan



Open discussion: How would you like to be able to share your feedback on what is working and what needs improving in the Learning Disability Plan



Any other business, What is happening in your Locality?

Amanda Johnson (1)



Amanda explained that we were going to talk about the Draft Learning Disability Plan



To get your feedback on what is written and make changes where they are needed

1. Choices about where I live



I want to move somewhere that will let me have a dog



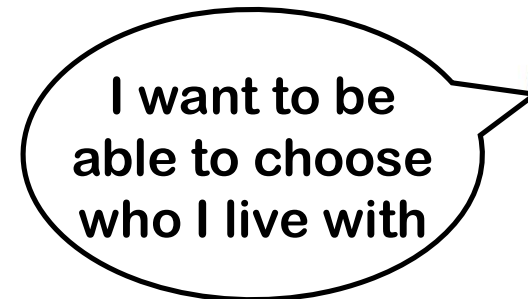
I would like to be able to move somewhere that I can cook my own meals instead of these being made for me



I want to move nearer the town so that I can be near my friends



I want help to stay living in my own home



I want to be able to choose who I live with

1. What we will do



We will explain about the different types of housing available



Partnership members to share information about housing support they provide



We will provide support with equipment or other changes to help support a person in the home and to help keep them safe

Comment



Comment: I live with a shared lives carer



There has been a lot of changes using shared lives, but I am very happy!

1. How we will do it



Adult Services to share information / website



Partnership members to agree way to identify and share information



Adult Services to help to find possible support such as Disabled Facilities Grants and / or Assistive technology and equipment

2. Being healthy



I want support with health and dentist appointments

I want advice about sex and relationships



I would like to be sent a text to remind me about my health appointment

I would like help with losing weight

I want help to get to exercise



I want help in choosing a healthy diet



2. What we will do



We will support people to register with a local doctor and to have an annual health check and health action plan



We will provide information about the named Learning Disability Nurse at hospitals

2. What we will do



We will support people with information and training about sex and relationships



We will share information about the different groups and activities available in the local area to support better health

2. How we will do it



Community Health and Integrated Care Board



Specialist Learning Disability Services



Partnership to identify and share information about the range of activities/groups they provide to help people to 'be healthy' and how people can join these

3. Help to be as independent as possible

I would like to feel safe in my own home and when I am out and about



I want help with employment



I would like help learning to cook



I would like to know about the different things there are for me to do in my neighbourhood



I want help with budgeting my money and paying my bills on time



I want to know about what is on in the evenings and weekends that I could join



3. What we will do



We will find out about the different activities that are available in each area and agree how this information can be shared



We will provide support for individuals into paid employment

Comment



Comment: I have had trouble manging my money



I went to see DIAL, they have been very helpful.
DIAL is for everyone.

3. What we will do



Help with learning how to manage money



Help to access a range of courses that will help a person feel more independent

3. How we will do it



Partnership Board members to identify range of support they offer and agree ways of sharing information about what is available in each area

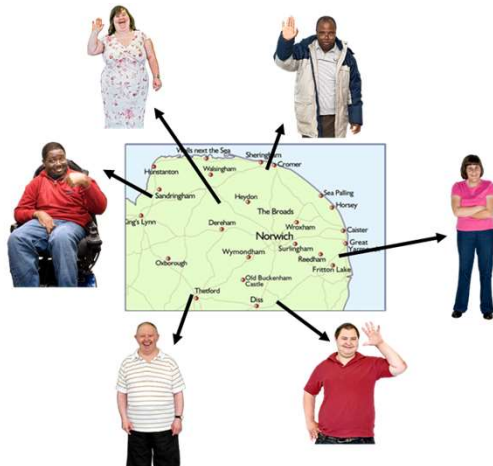


Employment support from Adult Services & various Partnership members

3. How we will do it



Adult Services, Finance team and partnership members to share information about support with managing money.



Partnership Board to develop wider network of members to develop support available across Norfolk

4. Getting out and about



I want there to be more public transport where I live



I would like more people to be able to use toilets for the disabled

I would like there to be training for people who provide transport for people with a learning disability



I would like to feel safe when I am out and about

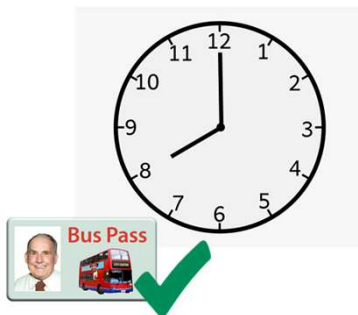
I would like there to be a festival for adults with a learning disability



4. What we will do



We will support people to access Titan travel training or travel training provided by others



We will explore ways to help people to use their bus pass before 09:30

Comment

SECTION 1: IDENTIFYING INFORMATION OF THE REGISTRANT

SECTION 2: OCCUPATIONAL INFORMATION

SECTION 3: EDUCATION

Comment: The application form for a bus pass is difficult to understand

easy read

Please fill in this easy read form

Your name

Address

Phone

Maybe have an easy read option?

4. What we will do



We will work together with partners to plan ways to help individuals feel safe when they are out and about



We will explore what training we could use to help taxi and bus drivers in supporting people with a learning disability

4. How we will do it



Adult Services and Children's Services



Partnership Board members to share information about what they offer

4. How we will do it




Adult Services, Health and other partnership members to agree possible ways to make changes




Adult Services, Health & other Partnership members to link with About with Friends to find out about the training they developed


5. Support for unpaid carers



I want to know what help is out there to support me as a carer




I want to know what will happen when I am too old to continue in my role




I want to be able to contact someone when things are getting more difficult for me as a carer



I would like to be able to join a carers support group



I need regular breaks to support me to keep on being a carer



It is not clear to me how I can get help

5. What we will do



We will clarify what support carers can access and how they can get this



We will provide contact information for carers for when things are changing or getting more challenging



Partnership to identify and share information about range of carer support available in their area, such as carer support groups

5. How we will do it



Adult services and Business Lead for Carers to lead on providing information



Development of new Adult Services approach includes focus on carers

5. How we will do it



Carers Matter Norfolk

Carers Matter Norfolk to clarify support they can provide



Members of the Learning Disability partnership to identify and share information

Open discussion (1)



Looking ahead, once the Learning Disability Plan is finalised, we want to continue to hear from you.



How can you share your feedback on what is working and what needs improving?



This question was asked to the group. Here are their answers:

Open discussion (2)



Face to face meetings

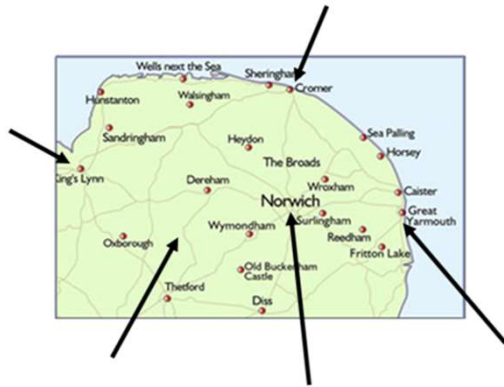


Feedback to be in easy read



Monthly updates by newsletters

Open discussion (3)



Use Locality meetings for feedback



Use easy read tools

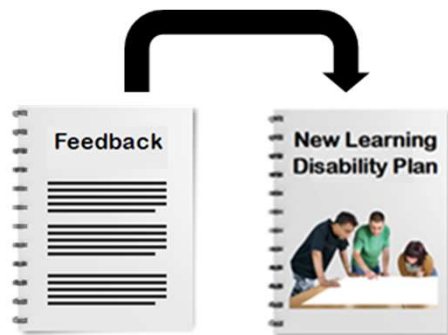


Workshops ran by people with learning disabilities

Open discussion (4)



Everything the group said was written down



Amanda will add this feedback to the finished Plan

Any Other Business (1)



The group was asked, What is happening in your Locality? For example: Groups/events

Here is what they shared:

Any Other Business (2)



Opening doors spoke about an upcoming event to speak to the Police and Crime Commissioner. This is on November 17th



They have also released save the dates for upcoming events for next year. Here are the posters:

Any Other Business (3)

Opening Doors
November 17
10:30 12:00
POLICE & CRIME COMMISSIONER FOR JUSTICE FOR SAFETY FOR NORFOLK
NORFOLK CONSTABULARY Our Priority is You
Police and Crime Commissioner want to hear your voice
Choose the top 3 things you want the Police to do

Any questions, please see details below:

Email: admin@openingdoors.org.uk

Phone: 01603 631433

Website: www.openingdoors.org.uk/

Cancer All about health screenings
Sessions for people with learning disabilities
A safe space for people to learn about health screenings
Save the dates
Breast Cancer in women and men: October 24 (10:30am-12:00pm, 1:00pm-2:30pm)
Cervical Cancer in women: January 30 (1:00pm-2:30pm)
Bowel Cancer in men and women: April 4 (10:30am-12:00pm)
Testicular cancer in men: April 30 (10:30am-12:00pm)
For more information just call or email
01603 631433
admin@openingdoors.org.uk
You and a supporter can pop along on the day. No need to book in advance.
NORWICH CONSOLIDATED CHARITIES
Opening Doors

Any Other Business (4)

Independence
Matters



14 – 19

Independence matters are looking at opening a night hub

This will be for 14-19 year olds



They are waiting for confirmation before opening

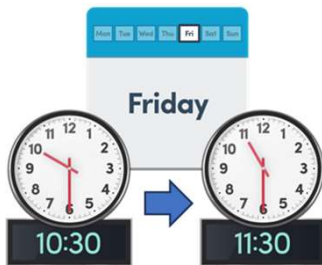
Any Other Business (5)



Great Yarmouth library hold a cuppa group



This group is for people who would like to meet new people



This is held on the last Friday of every month.
10:30am – 11:30am