

Norfolk Learning Disabilities Partnership Board meeting



Wednesday 29th November 2023



2:00pm – 4:00pm



Meeting held using Zoom



Who attended our meeting?

This list shows how people who came to the meeting identified themselves

June Walton, Acting Co-chair

Rachel Gates, Co-chair

Lucy Adcock, ASD Helping Hands

Amanda Johnson, Norfolk County Council

Kenny Nichols, Self-advocate

Kyle Fraser, Self-advocate

Jamie Abbott, Self-advocate

Rachael, Self-advocate

Robert, Opening Doors

Oliver, Opening Doors

Cathy, Opening Doors

Helen – Parent/Carer

Keith Page, Thera East Anglia Supporter

David Parker, Thera representative

Maria Bond, Stakeholder Engagement Coordinator for Independence Matters

James Kearns - Chief Executive of BUILD

Heidi Mckay, Senior Lead Community LD Nurse

David Leaper, North Health Team manager

Anna Fairhurst, Learning Disability Commissioning Manager

Kristy Gannon -

Andrew O'Connell - Senior Nurse - LeDeR

This meeting had four main topics (1):



Amanda Johnson spoke about the Easy Read Plan and asked the board to sign off the final version



Lucy Adcock gave an update on the locality groups

This meeting had four main topics (2):



Andy O'Connell gave a summary of this year's annual report Learning from lives and deaths – people with a Learning Disability and people with Autism (LeDeR)



Rachel Hyde-Smith shared information on Social Care Online Accounts

Amanda Johnson - How we developed the new Plan (1)



This easy read Learning Disability plan has been developed with and based on the views of people with a learning disability and their parents and carers.



Over 7 months from May 2023 – November 2023 more than 361 people shared their ideas and these have been used to draw up the new easy read plan.

Amanda Johnson - How we developed the new Plan (2)



In September, all the ideas and things people had said or written were put together into the first draft of the easy read plan.

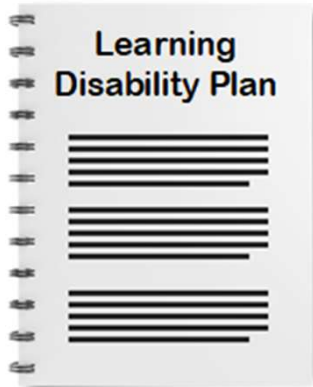


This draft easy read plan was shared with people across Norfolk and at the Partnership locality meetings to check it included what people had said and made sense.

Amanda Johnson - How we developed the new Plan (3)

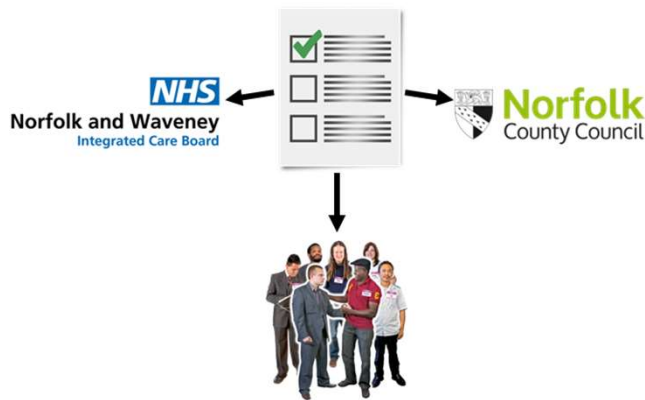


Using all the feedback received, the final version of the easy read Learning Disability Plan has been drawn up and shared with Board members.



Alongside the easy read plan there will be a non-easy read plan.

Amanda Johnson - How we developed the new Plan (4)

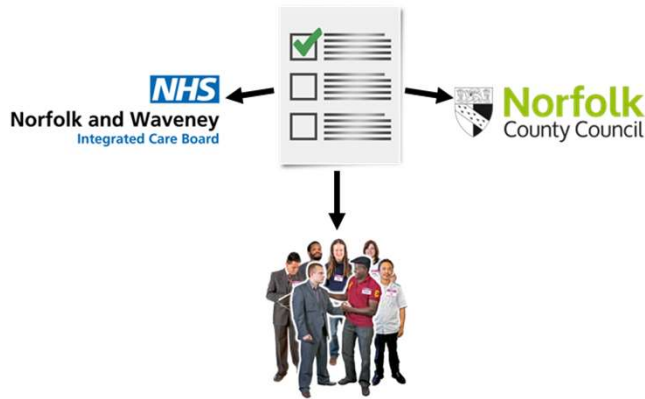


This will provide more detail about the actions that will be taken by Norfolk County Council, the NHS Integrated Care Board and the organisations they work with.



This detailed non-easy read plan will also be published on the Learning Disability Partnership Board website.

Amanda Johnson - How we developed the new Plan (5)



Amanda asked the Learning Disability Partnership Board will they agree to sign off the Final version of the **easy read** Learning Disability Plan 2023 – 2028?



The board decided they would sign off the final version

Lucy Adcock - Locality groups update (1)



The locality groups started in October and ran through till November



We we're joined by Amanda Johnson. Amanda presented a prestation on the draft Learning Disability Plan

Lucy Adcock - Locality groups update (2)



A new section was added in Any Other Business called 'What is happening in your locality?'

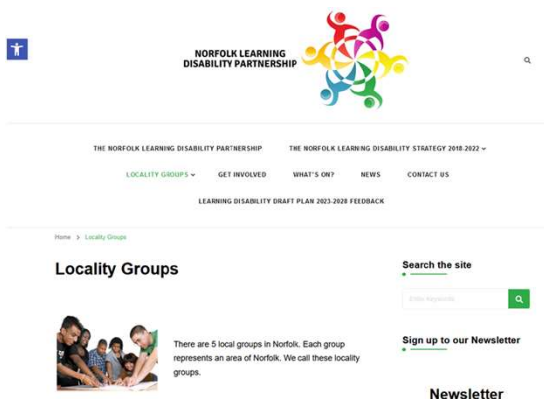


This gave the group a chance to share information on events, groups or any good news.

Lucy Adcock - Locality groups update (3)



If you would like to read about what the group shared, the notes can be found on the Learning Disability Partnership website.



<https://www.norfolkldpartnership.org.uk/locality-groups/>

Lucy Adcock - Locality groups update - Breakdown on who attended (4)



Norwich:

- Self-Advocates - 6
- Professionals - 4
- Parent/Carers - 5
- Organisations – 2

Lucy Adcock - Locality groups update - Breakdown on who attended (5)



North:

- Self-Advocates - 5
- Professionals - 6
- Parent/Carers - 0
- Organisations – 2

Lucy Adcock - Locality groups update - Breakdown on who attended (6)



West:

- Self-Advocates - 14
- Professionals - 5
- Parent/Carers - 2
- Organisations – 5

Lucy Adcock - Locality groups update - Breakdown on who attended (7)



South:

- Self-Advocates - 1
- Professionals - 2
- Parent/Carers - 5
- Organisations – 1

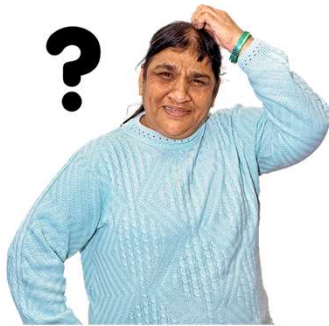
Lucy Adcock - Locality groups update - Breakdown on who attended (8)



East:

- Self-Advocates - 6
- Professionals - 2
- Parent/Carers - 0
- Organisations – 3

Question



Question: Why was there only 1 self-advocate at the South group?



Answer: Lucy said she had sent out emails inviting day centres and providers that are local to the area but unfortunately there was not much of a turn out

Question



Question: Can the locality groups run at different times?



Answer: Yes, times have been changed in the past, it is seeing what time works best for everyone.

Question



Question: Is there any option to advertise the locality groups in local newsletters or even on the radio to invite a wider audience?



Answer: This is a great idea! And will be looked into.

Andy O'Connell - LeDeR Annual Report (1)



It is a document that looks into why people with a learning disability and autism have died in Norfolk and Waveney.



It helps us to understand what we can do to support people to be healthier and live longer.



A nurse called Andy O'Connell has written this report with help from colleagues and experts by experience

Andy O'Connell - LeDeR Annual Report (2)



The full LeDeR Annual Report is available on our website:
<https://improvinglivesnw.org.uk/our-work/healthier-communities/mental-health/learning-disabilities-and-autism/>



If you have a learning disability and/or autism, we want you to tell us what your own lived experience is like



We want you to tell us if what we are doing is making any difference to your life

Andy O'Connell - LeDeR Annual Report (3)



Address: Norfolk and Waveney ICB, County Hall,
Martineau Lane, Norwich, NR1 2DH



Email: nwicb.contactus@nhs.net



Social media: <https://www.facebook.com/NHSNWCCG> and [@nandwics](https://www.facebook.com/@nandwics)

Andy O'Connell - LeDeR Annual Report (4)



The LeDeR programme is led by the Integrated Care Board and supported by the Integrated Care System. It's a team effort.



An Integrated Care Board plans and buys healthcare services for where you live



An Integrated Care System joins up all health and care organisations where you live to work together.

Andy O'Connell - LeDeR Annual Report (5)



We have looked into the deaths of people with a learning disability and/or autism over the age of four



Anyone can make a referral to LeDeR. This is done online at <https://leder.nhs.uk>.

Andy O'Connell - LeDeR Annual Report (6)



We completed 72 reviews for people with a learning disability and/or autism who died. This is less than last year



People with a learning disability and/or autism have shorter lives and die younger than people without a learning disability and/or autism

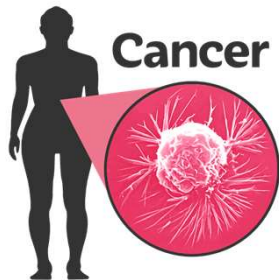


More than half of adults died in hospital.

Andy O'Connell - LeDeR Annual Report (7)



Most people died of pneumonia. This is an infection in a person's lungs



The second most common cause of death was cancer. These included breast, bowel and lung cancer



Nearly half of all the deaths could have been avoided or treated.

Andy O'Connell - LeDeR Annual Report (8)



Most people did not receive satisfactory or good care. Most people had a bad experience of health and care services.



There are really good examples of services using reasonable adjustments to support people. For example:



We are making services more accessible to people's different needs, for example using hospital passports

Andy O'Connell - LeDeR Annual Report (9)



We are communicating better with people in a way they understand.



We are involving familiar carers in a person's support where this is needed.



Community and residential care staff need to be better at helping people live healthier lives by exercising more and eating better.

Andy O'Connell - LeDeR Annual Report (10)



More people are having their annual health check which is good. This year 5012 people had an annual health check

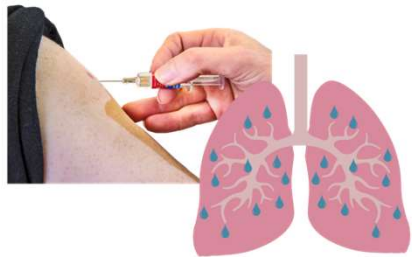


More people need to have a health action plan as part of their annual health check. This year 4671 people had a health action plan



We are doing well to help people have their COVID-19 and flu vaccination.

Andy O'Connell - LeDeR Annual Report (11)



We really need to help more people have their pneumonia vaccination

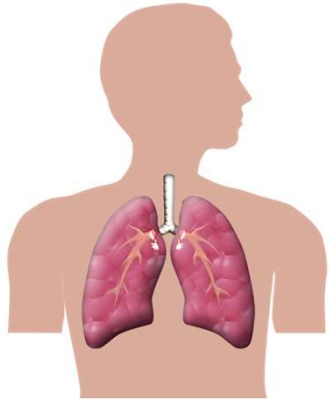


Hospitals need to be better at using the Mental Capacity Act to make sure decisions about people are being made in the right way



We need to try to give people a better choice about where they live

Question



Question: If you have problems with your lungs, can you still get the pneumonia vaccination?



Answer: You would need to ask your GP surgery if you can have one

Andy O'Connell - LeDeR Annual Report (12)



More Care and Treatment Reviews and Wellbeing Reviews means we check people are being cared for properly in secure hospitals



The Learning Disability and Autism Teams in hospitals are very important. They work very hard to train staff and help patients who are ill.



GP practices are doing their best to make more face-to-face appointments

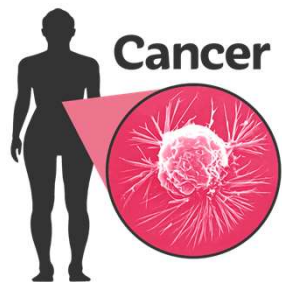
Andy O'Connell - LeDeR Annual Report (13)



Services could be better at making sure people have the right medication for the right reason and make sure this is reviewed regularly



We need to make sure the care people experience is good quality and with people they trust.



We need to support more people to attend their cancer screening appointments, especially breast and cervical cancer

Andy O'Connell - LeDeR Annual Report (14)

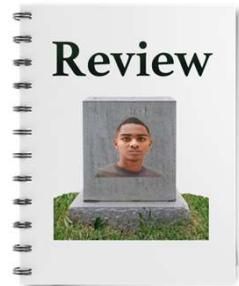


Better care co-ordination is needed for people with learning disabilities and/or autism



Care staff need more training and support to know when someone is becoming unwell and how to help them.

Andy O'Connell - LeDeR Annual Report (15)



We will continue to complete really good quality reviews as quickly as we can.



We will continue to work together with colleagues, people with learning disabilities and autism and families and carers.



We will teach more people about LeDeR and how we can work better to support people with learning disabilities and autism

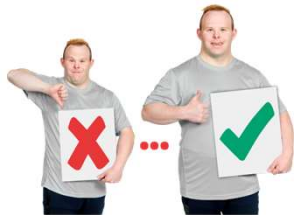
Andy O'Connell - LeDeR Annual Report (16)



We need to find more information about how people with autism have died



We will continue our Learning into Action work



Learning into Action is how we work to make care better and support people to live longer. Some examples of our work include:

Andy O'Connell - LeDeR Annual Report (17)



Finding a way for care homes and supported living to help people lose weight and be more active



Helping care homes and supported living, so more people can die at home if they choose too

Andy O'Connell - LeDeR Annual Report (18)



Improving the quality of care for people who need a machine to help them breathe.



Making it easier for staff to help, when a person goes into hospital and goes home again

Rachel Hyde-Smith - Social Care Online Accounts (1)



On 1st December 2021, the government announced "People at the Heart of Care".



It is a plan to tell us how they want to make adult social care better.

Question



Question: Account could be used in different ways; would you be able to change the word?



Answer: Yes, this is something that can be looked into.

Rachel Hyde-Smith - Social Care Online Accounts (2)



Norfolk County Council is working hard to make sure we can do what the government tells us, using the money they give us.



So that we can do this, we need to use technology to help.



We have introduced 'Social Care Online Accounts'

Rachel Hyde-Smith - Social Care Online Accounts (3)



Which you can use to look at documents that we send you and fill in forms.



The reason for social care online accounts, its a new way for people to receive information.



Testing it out with people who use our services (or their representatives).

Question



Question: Will the user be able to update their own information?



Answer: No it will need to be done by your social worker

Rachel Hyde-Smith - Social Care Online Accounts (4)



You do not have to have a Social Care Online Account if you do not want one.



Your account can be used by you or someone you choose.



To set up an account you will need an email account and a phone.

Question



Question: Can a service user set up their own account?



Answer: Yes

Rachel Hyde-Smith - Social Care Online Accounts (5)



You can receive documents online



You can see some information from your social care record. Documents are safe in the Portal.



If we ask you to complete a financial assessment, you can do it online.

Rachel Hyde-Smith - Social Care Online Accounts (6)



You can do this at any time that suits you.



We are working with 3 of our teams and have set up over 150 accounts.



We are learning about things that we need to change.

Rachel Hyde-Smith - Social Care Online Accounts (7)



We need to make it easier for people to register for an account, to do this we will provide more support.



We need to include younger people who like using technology. We are working with the Preparing for Adult Life team



We need to test it out with people who use our services.

Rachel Hyde-Smith - Social Care Online Accounts (8)



If you would be interested in helping us, by testing this and telling us what you think you can send us an email



rachel.hyde-smith@norfolk.gov.uk

Any other Business (1)



Lucy spoke about the results from the survey that had been made last meeting



This survey decided whether the partnership board meetings will stay online or start being face to face



The results show that the partnership board meetings will continue online

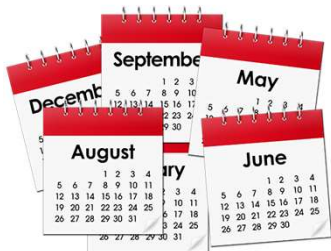
Any other Business (2)



Opening Doors are holding easy read training next year



This will be held at their office in Norwich



Here are the dates:

Any other Business (3)



Easy Read Training:

- 7th March 2024
- 13th May 2024
- 20th August 2024
- 15th November 2024

Any other Business (4)

Cancer All about health screenings
Sessions for people with learning disabilities

A safe space for people to learn about health screenings

Save the dates

The Forum in Norwich

Breast Cancer in women and men October 24 10:30am - 12:00pm 10:30am - 2:30pm	Cervical Cancer in women January 30 1:00pm - 2:30pm
Bowel Cancer in men and women April 4 10:30am - 12:00pm	Testicular cancer in men April 30 10:30am - 12:00pm

For more information just call or email

01603 631433
admin@openingdoors.org.uk

You and a supporter can pop along on the day. No need to book in advance.

NORWICH CONSOLIDATED CHARITIES
Opening Doors

Opening doors have released save the dates for upcoming events for 2024

- Breast Cancer in women and men: 24th October 2023
- Cervical Cancer in women: 30th January 2024
- Bowel Cancer in men and women: 4th April 2024
- Testicular cancer in men: 30th April 2024

Date of Next meeting



Venue: Zoom



If you have any questions or ideas to share,

please email [**contact@norfolkldpartnership.org.uk**](mailto:contact@norfolkldpartnership.org.uk)

What support was available before and after the meeting?



Support available (1):



People were able to give their feedback in other ways. For example, Rachel met with some of the self-advocates separately.



We held a 'pre meet' to talk through how the main meeting would work, and a 'feedback meeting' afterwards to ask how the main meeting went.

Support available (2):



We also held a feedback session following the main meeting. This was to provide support or to any answer questions if needed.



We plan to continue to offer this support to our members in the future.