## **Norwich Locality Group Notes**









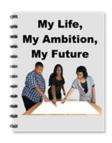


The Willow Centre, Willowcroft Way, Cringleford, NR4 7JJ

#### The Norwich Locality Group had three main topics:



Lucy Adcock, update on the Learning Disability Partnership Board



Amanda Johnson, looking back on the past Learning Disability Strategy



Open discussion, Your thoughts on what you would like to see in the next Learning Disability Strategy?

#### **Update on the board (1)**



Lucy explained she had contacted Norwich Council about E-scooters



Lucy received an email from Norwich Council which had information regarding E-scooters



The email also mentions that they would be happy to come speak at a Locality group

## **Update on the board (2)**



Lucy provided information on whether the 9:30 start for bus passes is national or local, this was found by a member of the board



If you would like the information on E-scooters or the bus passes, please email: contact@norfolkldpartnership.org.uk



Lucy told the group that the board had welcomed 5 new self-advocates and 2 organisations to the partnership board

#### **Amanda Johnson (1)**



Amanda explained what the learning disability strategy is.



The strategy is a plan to make support better for people in Norfolk with a learning disability and their carers.

#### **Amanda Johnson (2)**



Currently a new strategy is in development with the Learning Disability Partnership Board and in partnership with the NHS Norfolk & Waveney Integrated Care Board.

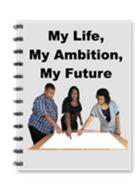


The strategy will include speaking with people that have a learning disability, their families and carers and the wider community in Norfolk.

#### **Amanda Johnson (3)**



Amanda shared with the group what Norfolk County Council have been doing since the previous Learning Disability Strategy



The previous strategy outlined ten priority outcomes for people with a learning disability. The strategy was called, "My Life, My Ambition, My Future". Here is some of what we have been doing:

#### 1. Having the right place to live



You told us you wanted choice in finding the right place to live.

#### What people told us (1)



People told us that there are some important things in their choice of home.

They want to:





## What people told us (2)



Feel safe where they live





#### What people told us (3)



Based on what you told us, we have been making different types of supported living accommodation.



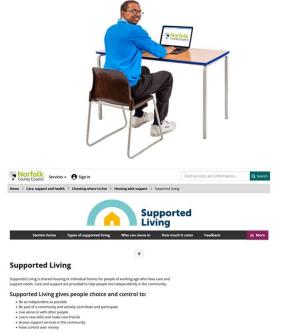
Due to Covid, we were not able to start the Supported Living programme until 2021.

## Types of Supported Living we now offer (1)



- Shared housing
- Enablement
- Community housing
- Higher care and support needs

#### Types of Supported Living we now offer (2)



You told us that you wanted there to be housing options on the council website for people with a learning disability.

We have developed a website called 'Supported Living' that includes information about housing for people with a learning disability: <u>Supported Living</u> in Norfolk - Norfolk County Council

#### **Shared Lives**



You told us that "Shared Lives schemes are good; more people should get involved."

#### We want to get better



You have told us that you do not know about the various kinds of housing that is available for people with a Learning Disability



We want your help to find better ways of making sure people know what housing choices there are and how you can get useful information.

# 2. Having employment, work, education, training opportunities



You told us that you want there to be more support to help a person with a learning disability get a job.



You told us that you wanted more employers to employ people with a learning disability, including Norfolk County Council.

#### **Training employers**



In April 2019, we launched a new 'Skills & Employment Team



As a result, a new 'employer resource' has been set up and since December 2019 the team have supported more employers to become registered as 'Disability Confident'.

#### **New Employment Service (1)**



We also launched the Adult Services Norfolk Employment Service in July 2019



The Employment Service supports people with a disability and those people with mental health needs who are aged between 18 and 65.

## **New Employment Service (2)**



There has been an increase of the number of people being supported by an Adult Learning Disability Team going into paid employment



The Employment Service provide an extra 'Local Supported Employment' service for anyone with a Learning Disability or Autism aged 18 or older.

#### What we still need to do



Day Centre

We had planned that there would also be a new 'Skills and Employment Pathway' with employment support and training available through Day Services starting in 2020.



This was delayed due to Covid and but planning for this restarted in 2022.

## 3. Help with transition to Adult Services – a new Preparing for Adult Life Service



You told us that you wanted us to work with Children's Services to help with supporting people as they move into adulthood.

#### A new Preparing for Adult Life Service (1)



A new Preparing for Adult Life Service was designed in partnership with young people and their carers, as well as professionals



This team supports young people with a disability from aged 14 as they are preparing for adulthood.

## A new Preparing for Adult Life Service (2)



There are four preparing for adult life outcomes which are:

- Employment
- Being healthy
- Being part of your community
- Being independent

#### A new Preparing for Adult Life Service (3)



People have told us that they really like the new Preparing for Adult Life Service

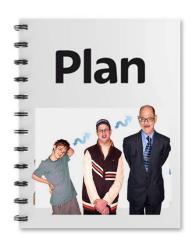


It has helped them to understand everything that is being done to help a person who is moving from Children's Services to being supported by Adult Services

#### A new Preparing for Adult Life Service (4)



Young people and their families have said that they like



Finding the right place to live, being healthy, being part of your community and thinking about work or further education and training is included as part of a person's transition plan.

#### 4. Having transport to get about



You told us that "Transport means independence – getting to college, work, the doctor, a friend's house"

#### Having transport to get about (1)



In 2020, we launched some extra travel training for people with a Learning Disability



to help them develop the skills to be able to get out and about and use public transport by themselves.



This travel training was linked to three Day Centres who were able to help train people to get out and about by themselves.

#### Having transport to get about (2)



We hope that Day Services will be able to help train more people to travel independently as part of the Day Opportunities support, they are now providing.

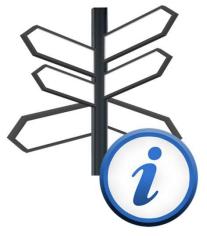


District Councils and the Health Service are making their own transport support, and this is something they will be discussing with Locality groups in the future.

#### What we still need to do



You have told us that taxis and bus drivers need to have training on learning disability, and we would like your help to design this training.



You have told us that you would like there to be better signs and information to help people with a Learning Disability when they are trying to find their way out and about.

#### 5. Being healthy and happy



You told us that you would like help for people with a learning disability to get to their doctor and hospital appointments.



From the Partnership Board, you told us that you wanted more people with a learning disability to have an annual health check and for this to be done well.

#### Being healthy and happy (1)



Norfolk & Waveney NHS Service has worked with GP surgeries to help improve the health checks for a person a learning disability.



This includes working towards providing a health action plan for the person when they have a health check

#### Being healthy and happy (2)



Norfolk and Suffolk NHS Foundation Trust have introduced the Green Light Toolkit



This will provide extra help for people with a learning disability when they need to get mental health support.



The new Preparing for Adult Life Service works together with health services to help a young person with a learning disability and health needs, and their family carer

## Being healthy and happy (3)



This helps with knowing what support is available and preparing for adult life.



Norfolk & Waveney NHS Service have provided a new training for Norfolk Adult Services called 'Positive Behaviour Support'

#### What we still need to do



As part of responding to a review of support for people in a specialist hospital carried out by the Norfolk Adults Safeguarding Board,



Norfolk and Waveney Health Service and Norfolk County Council have started co-production with people to agree how we work together better with the people we are supporting.



This is being led by Curators of Change and has already involved the Learning Disability Partnership Board.

#### **Amanda Johnson (4)**



Amanda informed the group that there will be a full report which goes into more detail



The full report will be released on the Learning Disability website at the end of July (the date may differ)

#### Open discussion (1)



Your thoughts on what you would like to see in the next Learning Disability Strategy?

This question was asked to the group. Here are their answers:

#### Open discussion (2)



Bus passes and time limits needs to be changed



Transport staff to have more understanding on Learning Disabilities



To have more wheelchair taxis

#### Open discussion (3)



A calendar that is filled with events to do with learning disabilities



Have a point of contact for complaints, to make it easier



Groups, Charities and services to come together more often

#### Open discussion (4)



For GP surgeries to continue to send out text reminders for health checks

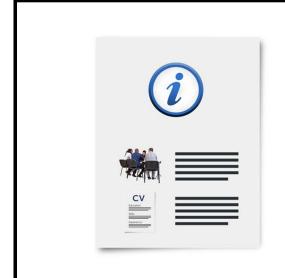


Important to have easy access to dental care

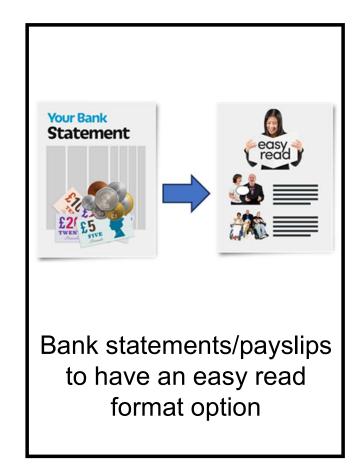


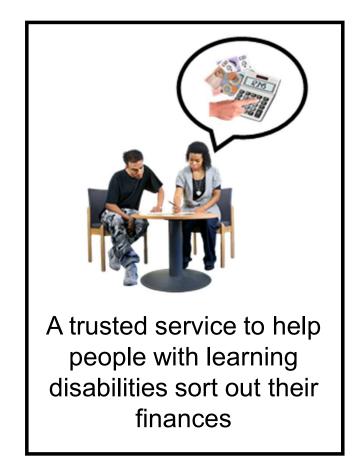
To have an internet safety course for people with learning disabilities

#### Open discussion (5)



Make it clearer what information you will need to bring along for a job interview





#### Open discussion (6)



Voluntary placements to advertise to day centres as they can be difficult to find



Work placements need to have enough staff in case supervision is needed.



To have more evening and weekend activities available, to help bring people together

#### Open discussion (7)



Employment opportunities to be promoted more

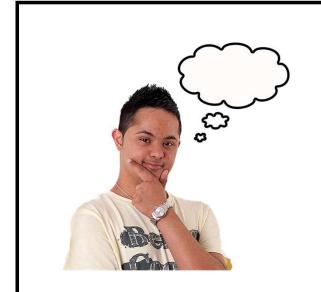


Swimming pools to be more user friendly



To be able to see the annual LeDeR (Learning Disabilities Mortality Review) report

#### Open discussion (8)



More opportunities other than day centres. For example:



Dating agencies/social so people can meet each other safely



Gig buddies, Walking and talking groups

## Open discussion (9)



More accessible toilets to be built around the county



Sexual health support for adults as there seems to be a lot for younger people



New services need to think about the language they are using for their names

#### Open discussion (10)



Everything the group said was written down



From this feedback Amanda will look at how she can include this into the next Learning Disability Strategy