# **West Locality Group Notes**





14 Tuesday Market Place, Kings Lynn, Norfolk PE30 1JN

# The West Locality Group had three main topics:

Partnership Board



My Life, My Ambition, My Future

Amanda Johnson, looking back on the past Learning Disability Strategy

Lucy Adcock, update on the Learning Disability



Open discussion, Your thoughts on what you would like to see in the next Learning Disability Strategy?

# Update on the board (1)



Lucy explained that last board meeting they were joined by Roger Allen and Edward Young; they spoke about Employment.



You can find the employment notes on our website: https://www.norfolkldpartnership.org.uk



Lucy provided information on whether the 9:30 start for bus passes is national or local, this was found by a member of the board

# Update on the board (2)



If you would like this information on bus passes, please email: contact@norfolkIdpartnership.org.uk



Lucy told the group that the board had welcomed 5 new self-advocates



And 2 organisations to the partnership board

# Amanda Johnson (1)



Amanda explained what the learning disability strategy is.



The strategy is a plan to make support better for people in Norfolk with a learning disability and their carers.

# Amanda Johnson (2)



Norfolk and Waveney

Currently a new strategy is in development with the Learning Disability Partnership Board and in partnership with the NHS Norfolk & Waveney Integrated Care Board.



The strategy will include speaking with people that have a learning disability, their families and carers and the wider community in Norfolk.

## Amanda Johnson (3)



Amanda shared with the group what Norfolk County Council have been doing since the previous Learning Disability Strategy



The previous strategy outlined ten priority outcomes for people with a learning disability. The strategy was called, "My Life, My Ambition, My Future". Here is some of what we have been doing:

# 1. Having the right place to live



You told us you wanted choice in finding the right place to live.

## What people told us (1)



People told us that there are some important things in their choice of home. They want to:



Live in their own home, with the support that they need



Be part of their local community

## What people told us (2)



Feel safe where they live



Choose who they live with



Include their carers and families when choosing where they live

# What people told us (3)



Based on what you told us, we have been making different types of supported living accommodation.



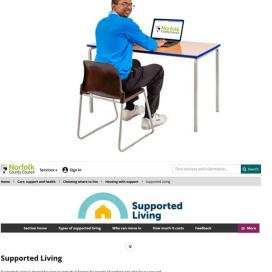
Due to Covid, we were not able to start the Supported Living programme until 2021.

# **Types of Supported Living we now offer (1)**



- Shared housing
- Enablement
- Community housing
- Higher care and support needs

# Types of Supported Living we now offer (2)



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# **Shared Lives**

Involve

You told us that you wanted there to be housing options on the council website for people with a learning disability.

We have developed a website called 'Supported Living' that includes information about housing for people with a learning disability: <u>Supported Living</u> in Norfolk - Norfolk County Council

You told us that "Shared Lives schemes are good; more people should get involved."

### We want to get better



You have told us that you do not know about the various kinds of housing that is available for people with a Learning Disability



We want your help to find better ways of making sure people know what housing choices there are and how you can get useful information.

# 2. Having employment, work, education, training opportunities





You told us that you want there to be more support to help a person with a learning disability get a job. You told us that you wanted more employers to employ people with a learning disability, including Norfolk County Council.

# **Training employers**



In April 2019, we launched a new 'Skills & Employment Team



As a result, a new 'employer resource' has been set up and since December 2019 the team have supported more employers to become registered as 'Disability Confident'.

# **New Employment Service (1)**



We also launched the Adult Services Norfolk Employment Service in July 2019



The Employment Service supports people with a disability and those people with mental health needs who are aged between 18 and 65.

# **New Employment Service (2)**



There has been an increase of the number of people being supported by an Adult Learning Disability Team going into paid employment



The Employment Service provide an extra 'Local Supported Employment' service for anyone with a Learning Disability or Autism aged 18 or older.

### What we still need to do



We had planned that there would also be a new 'Skills and Employment Pathway' with employment support and training available through Day Services starting in 2020.



This was delayed due to Covid and but planning for this restarted in 2022.

# 3. Help with transition to Adult Services – a new Preparing for Adult Life Service



You told us that you wanted us to work with Children's Services to help with supporting people as they move into adulthood.

# A new Preparing for Adult Life Service (1)



A new Preparing for Adult Life Service was designed in partnership with young people and their carers, as well as professionals



This team supports young people with a disability from aged 14 as they are preparing for adulthood.

# A new Preparing for Adult Life Service (2)



There are four preparing for adult life outcomes which are:

- Employment
- Being healthy
- Being part of your community
- Being independent

# A new Preparing for Adult Life Service (3)



People have told us that they really like the new Preparing for Adult Life Service



It has helped them to understand everything that is being done to help a person who is moving from Children's Services to being supported by Adult Services

# A new Preparing for Adult Life Service (4)



Young people and their families have said that they like



Finding the right place to live, being healthy, being part of your community and thinking about work or further education and training is included as part of a person's transition plan.

# 4. Having transport to get about



You told us that "Transport means independence – getting to college, work, the doctor, a friend's house"

# Having transport to get about (1)



In 2020, we launched some extra travel training for people with a Learning Disability

to help them develop the skills to be able to get out and about and use public transport by themselves.

This travel training was linked to three Day Centres who were able to help train people to get out and about by themselves.

# Having transport to get about (2)



We hope that Day Services will be able to help train more people to travel independently as part of the Day Opportunities support, they are now providing.



District Councils and the Health Service are making their own transport support, and this is something they will be discussing with Locality groups in the future.

#### What we still need to do



You have told us that taxis and bus drivers need to have training on learning disability, and we would like your help to design this training.

You have told us that you would like there to be better signs and information to help people with a Learning Disability when they are trying to find their way out and about.

# 5. Being healthy and happy



You told us that you would like help for people with a learning disability to get to their doctor and hospital appointments.



From the Partnership Board, you told us that you wanted more people with a learning disability to have an annual health check and for this to be done well.

# Being healthy and happy (1)



Norfolk & Waveney NHS Service has worked with GP surgeries to help improve the health checks for a person a learning disability.



This includes working towards providing a health action plan for the person when they have a health check

# Being healthy and happy (2)



Norfolk and Suffolk NHS Foundation Trust have introduced the Green Light Toolkit





This will provide extra help for people with a learning disability when they need to get mental health support.

The new Preparing for Adult Life Service works together with health services to help a young person with a learning disability and health needs, and their family carer

# Being healthy and happy (3)



This helps with knowing what support is available and preparing for adult life.



Norfolk & Waveney NHS Service have provided a new training for Norfolk Adult Services called 'Positive Behaviour Support'

#### What we still need to do





CURAT RS OF CHANGE As part of responding to a review of support for people in a specialist hospital carried out by the Norfolk Adults Safeguarding Board,

Norfolk and Waveney Health Service and Norfolk County Council have started co-production with people to agree how we work together better with the people we are supporting.

This is being led by Curators of Change and has already involved the Learning Disability Partnership Board.

# Amanda Johnson (4)



Amanda informed the group that there will be a full report which goes into more detail



The full report will be released on the Learning Disability website at the end of July (the date may differ)

# **Open discussion (1)**



#### Your thoughts on what you would like to see in the next Learning Disability Strategy?

This question was asked to the group. Here are their answers:

# **Open discussion (2)**



To have reviews in person



For reviews to be more person centred



The recent Learning Disability Strategy to be refreshed

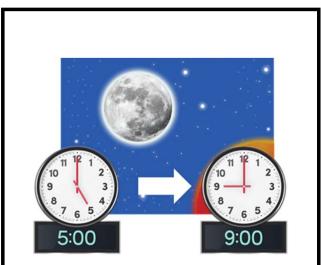
# **Open discussion (3)**



Empowering people to be able to take more ownership of things. For example:



Unable to have a bank account due to lack of ID

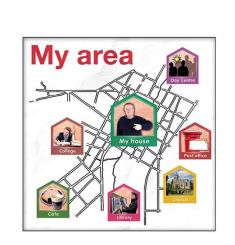


To have more social options available in the evening and weekends

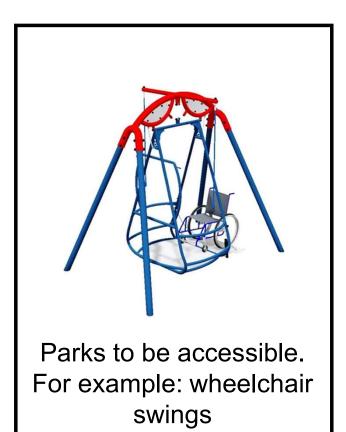
# **Open discussion (4)**



number to be a clear system to navigate



It's important to get views off rural areas as it may differ to Urban areas



## **Open discussion (5)**





Support to help read and fill out forms



Forms to have an easy read alterative/shorten down

# **Open discussion (6)**



Transport staff to have Training on Learning Disabilities



Easier to access taxis/wheelchair taxis



**Open discussion (10)** 



Everything the group said was written down



From this feedback Amanda will look at how she can include this into the next Learning Disability Strategy