

Locality Group Meeting



Leisure hall, Parkview
Resource Centre
Birch Tree Close,
London Road,
Kings Lynn
PE30 5QD

The West Locality Group had three main topics:



Amanda Johnson, First look at the Draft Learning Disability Plan



Open discussion: How would you like to be able to share your feedback on what is working and what needs improving in the Learning Disability Plan



Any other business, What is happening in your Locality?

Amanda Johnson (1)



Amanda explained that we were going to talk about the Draft Learning Disability Plan



To get your feedback on what is written and make changes where they are needed

1. Choices about where I live



I want to move somewhere that will let me have a dog

I want to move nearer the town so that I can be near my friends



I would like to be able to move somewhere that I can cook my own meals instead of these being made for me

I want help to stay living in my own home



I want to be able to choose who I live with



1. What we will do



We will explain about the different types of housing available



Partnership members to share information about housing support they provide



We will provide support with equipment or other changes to help support a person in the home and to help keep them safe

1. How we will do it



Adult Services to share information / website



Partnership members to agree way to identify and share information



Adult Services to help to find possible support such as Disabled Facilities Grants and / or Assistive technology and equipment

2. Being healthy



I want support with health & dentist appointments

I want advice about sex and relationships



I would like to be sent a text to remind me about my health appointment

I want help to get to exercise



I would like help with losing weight



I want help in choosing a healthy diet



2. What we will do



We will support people to register with a local doctor and to receive an annual health check & action plan



We will provide information about the named Learning Disability Nurse at hospitals

Question



Question: Is there a learning disability nurse at the Queen Elizabeth Hospital in King's Lynn?



Answer: Yes, their name is Samantha Littlechild
Email: Samantha.Littlechild@gehkl.nhs.uk

2. What we will do



We will support people with information & training about sex and relationships



We will share information about the different groups & activities available in the local area to support better health

2. How we will do it



Community Health & Integrated Care Board



Specialist Learning Disability Services



Partnership to identify and share information about the range of activities/groups they provide to help people to 'be healthy' and how people can join these

3. What we will do



We will find out about the different activities that are available in each area and agree how this information can be shared



We will provide support for individuals into paid employment

3. What we will do



Help with learning how to manage money



Help to find a range of courses that will help a person feel more independent

3. How we will do it



Partnership Board members to identify range of support they offer & agree ways of sharing information about what is available in each area

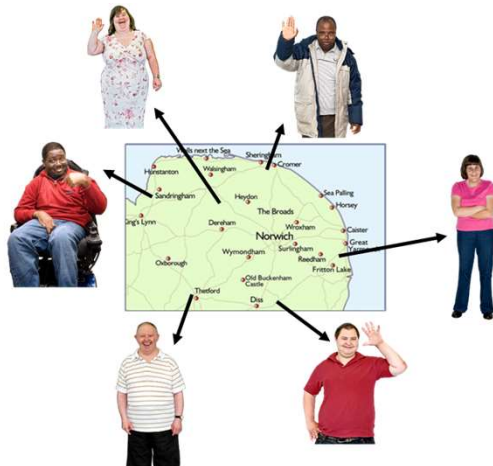


Employment support from Adult Services & various Partnership members

3. How we will do it



Adult Services, Finance team and partnership members to share information about support with managing money.



Partnership Board to grow a wider network of members to develop support available across Norfolk

4. Getting out and about



I want there to be more public transport where I live



I would like more people to be able to use toilets for the disabled

I would like there to be a festival for adults with a learning disability



I would like there to be training for people who provide transport for people with a learning disability



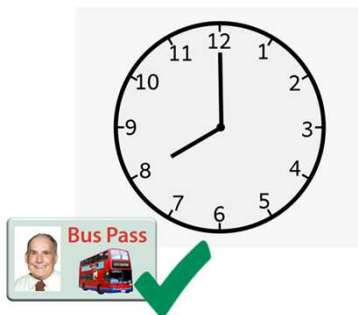
I would like to feel safe when I am out and about



4. What we will do



We will support people to access Titan travel training or travel training provided by others



We will explore ways to help people to use their bus pass before 09:30

4. What we will do



We will work together with partners to plan ways to help individuals feel safe when they are out and about



We will explore what training we could use to help taxi and bus drivers in supporting people with a learning disability

4. How we will do it



Adult Services and Children's Services



Partnership Board members to share information about what they offer

4. How we will do it



Adult Services, Health and other partnership members to agree possible ways to make changes



Adult Services, Health & other Partnership members to link with About with Friends to find out about the training they developed

5. Support for unpaid carers



I want to know what help is out there to support me as a carer

I want to know what will happen when I am too old to continue in my role



I want to be able to contact someone when things are getting more difficult for me as a carer

I would like to be able to join a carers support group



I need regular breaks to support me to keep on being a carer



It is not clear to me how I can get help



5. What we will do



We will clarify what support carers can access and how they can get this



We will provide contact information for carers for when things are changing or getting more challenging



Partnership to identify and share information about range of carer support available in their area, such as carer support groups

5. How we will do it



Adult services and Business Lead for Carers to lead on providing information



Development of new Adult Services approach includes focus on carers

5. How we will do it



Carers Matter Norfolk

Carers Matter Norfolk to clarify support they can provide



Members of the Learning Disability partnership to identify and share information

Open discussion (1)



Looking ahead, once the Learning Disability Plan is finalised, we want to continue to hear from you.



How can you share your feedback on what is working and what needs improving?



This question was asked to the group. Here are their answers:

Open discussion (2)



Use Social media

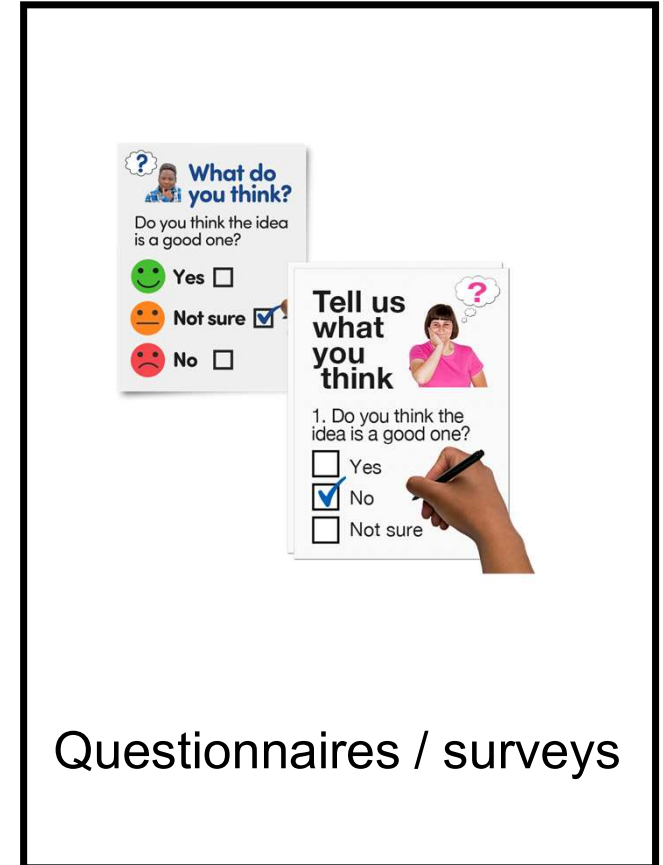
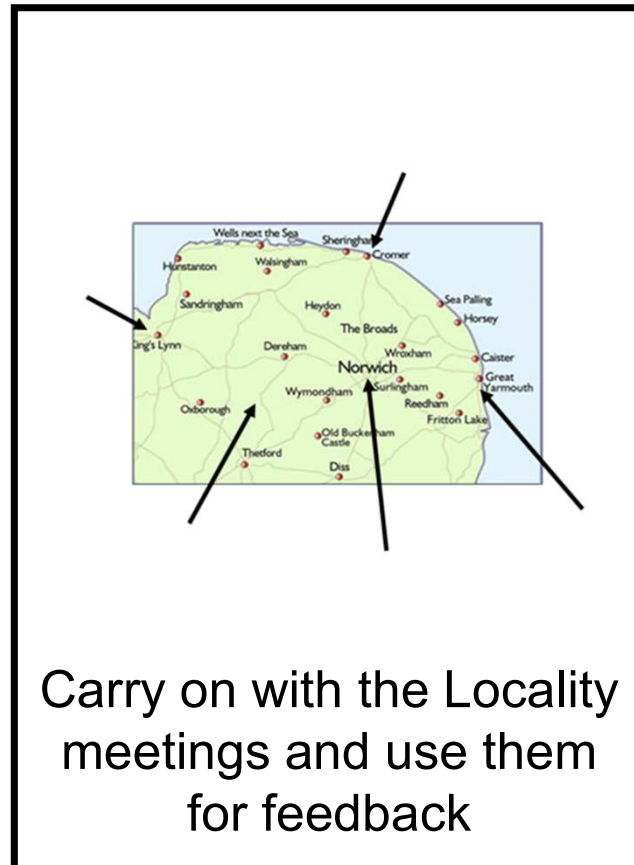


Have a contact number
people can use



Using Email / newsletter
updates

Open discussion (3)



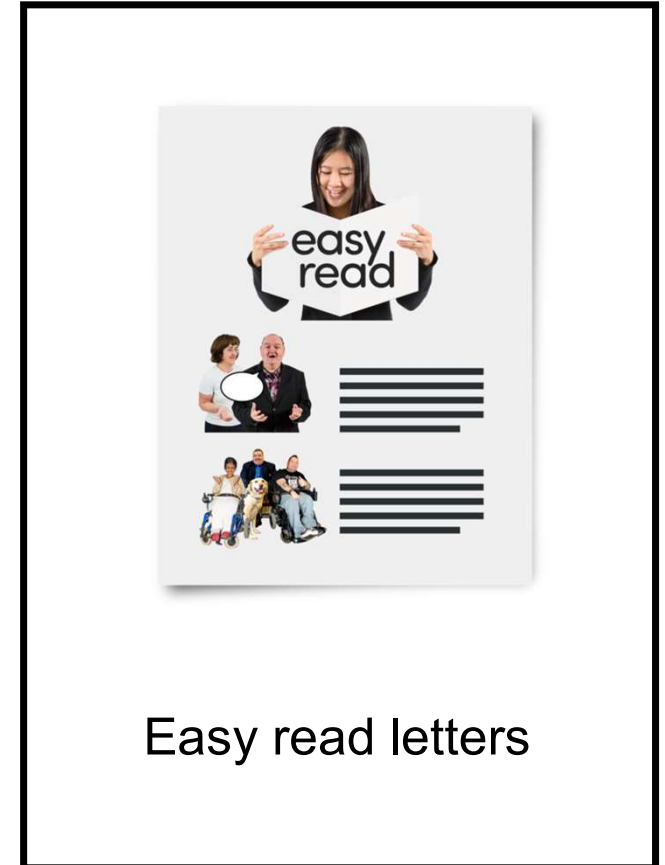
Open discussion (4)



Mini meetings (1 hour or less)

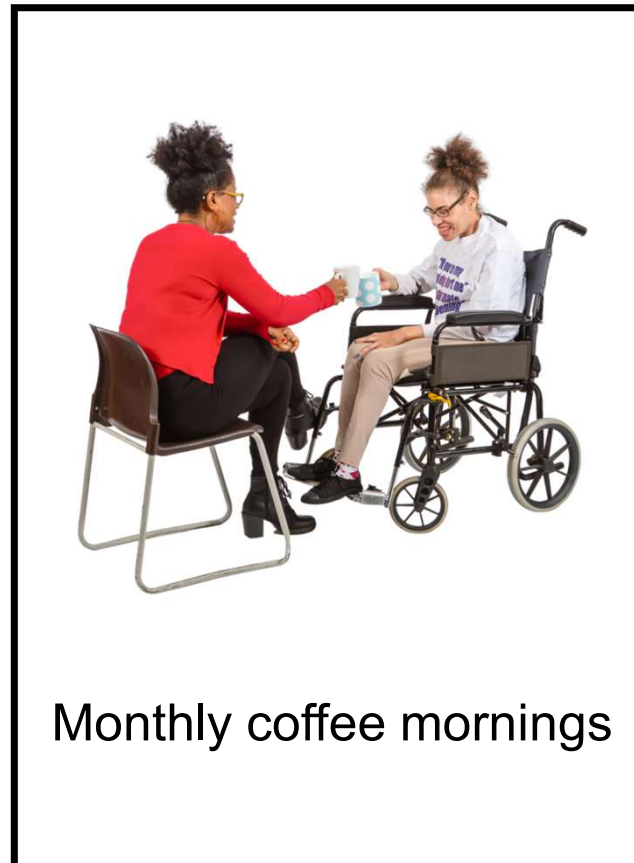
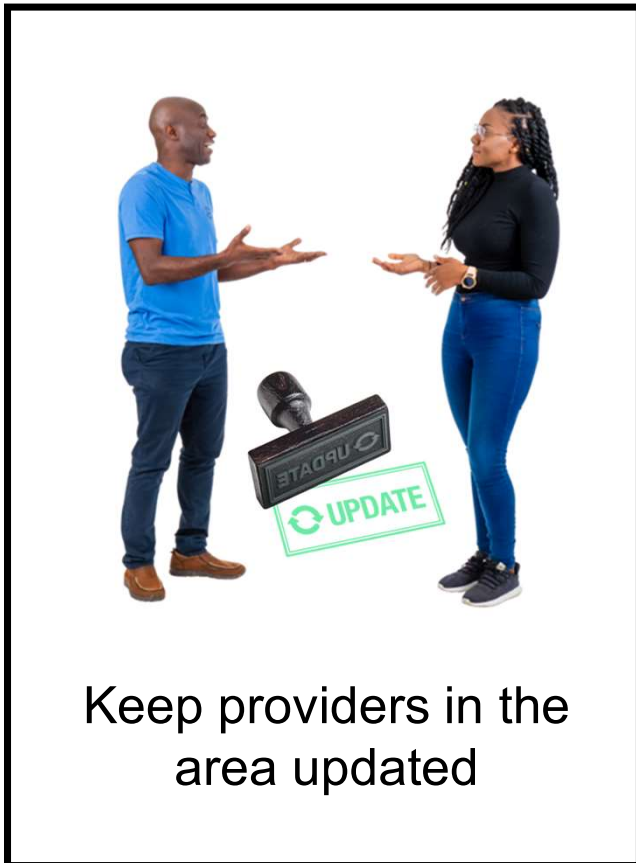


Use signs and symbols to express self



Easy read letters

Open discussion (5)



Open discussion (5)



Everything the group said was written down



Amanda will add this feedback to the finished Plan

Any Other Business (1)



The group was asked, What is happening in your Locality? For example: Groups/events

Here is what they shared:

Any Other Business (2)



One of the groups in Forward have been running a survey



This survey was about how people with learning disabilities are welcomed and responded to in local cafes



Generally, they have had good experiences!

Any Other Business (3)



Apart from a member went on their own into Starbucks and ordered a coffee



They couldn't pay for it as Starbucks only accepts money



The group found there was a small sign on the door which said Starbucks only allows card payments

Any Other Business (4)



Forward has emailed the local Member of Parliament (MP)



To see if anything can be done about this.
Forward has asked for help with this matter.



If you would like more information, please
email: office@forwarddc.org.uk

Any Other Business (5)



Sasha (a member of Forward) shared that she is leading a campaign to stop cars from parking on pavements



She has asked the Borough Council for help.



The Council replied and have said they are going to put up bollards.

Any Other Business (6)



Forward is also working on updating the local park, so it is accessible



They would like to add a wheelchair swing, ground level trampoline and other equipment



Forward are raising money so if you would like to help, please email: office@forwarddc.org.uk

Any Other Business (7)



Local community bus service will hopefully be offering free transport for health checks



They have been in contact with Borough Council to ask for funding



This is because the local community bus service would like to offer 1:1 transport to hospitals/surgeries