

# Norfolk Learning Disability Partnership: Norwich Locality Group



The Willow Centre,  
1 Willowcroft Way,  
Cringleford,  
Norwich,  
NR4 7JJ

# Agenda (1)

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Welcome



Update on the Norfolk Learning Disability Partnership



Sex and Relationships

# Agenda (2)



Break



Norfolk Library Service



Any other Business?

# Session 1: Update from the Norfolk Learning Disability Partnership

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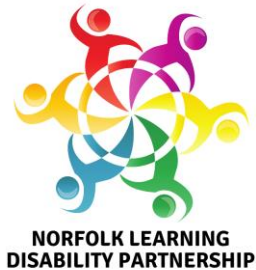


Update from the  
Learning Disability  
Partnership

# Update from the Learning Disability Partnership



Lee Gibbons is now the Co-ordinator for the Norfolk Learning Disability Partnership



I will be holding these meetings and doing things on behalf of the Norfolk Learning Disability Partnership.



Lucy will be helping me do this.



# Update from the Learning Disability Partnership



New updated website



Easy Read Library



Looking at the membership of the Board

# Update from the Learning Disability Partnership



We would like more self-advocates to join the Board



You will receive an involvement fee for your time



We meet 4 times a year with 4 additional meetings.



# Session 2: Sex and Relationships

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Sex and Relationships



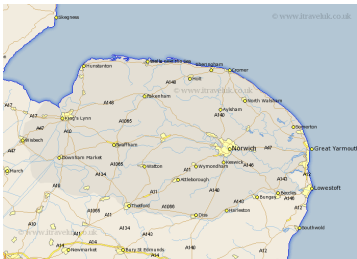
## Session 2: Sex and Relationships



Neil Howard, Programme Lead, iCaSH Norfolk



iCaSH provides free and confidential services to support with sexual health.

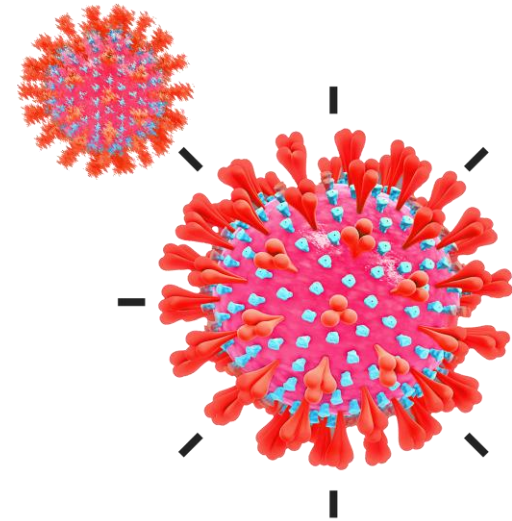


This service is for anyone who is in Norfolk

# Session 2: Sex and Relationships – How we can help



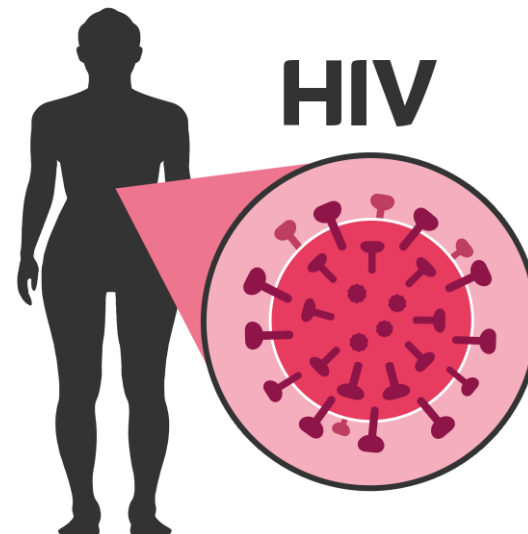
Access to Contraception



Sexually Transmitted Infections (STIs) Testing, Treatment and Advice



Chlamydia Screening



Human Immunodeficiency Virus (HIV) Support

## Session 2: Sex and Relationships – iCaSH Website



iCaSH have a website



You can access this by going to:  
[www.icash.nhs.uk/norfolk](http://www.icash.nhs.uk/norfolk)



Information on the services we offer can be found  
on here

## Session 2: Sex and Relationships – iCaSH Website



Find your nearest Clinic  
and book an appointment



Patient Information  
Leaflets



Order STI testing Kits



Information on the C-Card  
Scheme



Chlamydia Screening pick up points (16-24)

## Session 2: Sex and Relationships – Other Services



You can access contraception, including condoms and STI testing kits from:



Your Local Pharmacy ( Chemist)



Your GP Practice

## Session 2: Sex and Relationships – Contact Information



0300 300 3030

[www.icash.nhs.uk/norfolk](http://www.icash.nhs.uk/norfolk)

### Clinic Locations:

- Norwich – Oak Street
- King's Lynn – Vancouver House
- Gt Yarmouth – Breydon Clinic

Easy Read: <http://alturl.com/pfuj5>

## Session 2: Sex and Relationships – What do we need to do next?



We want to develop a range of Easy Read resources



These will contain information to help you make the right choices about Sex and Relationships



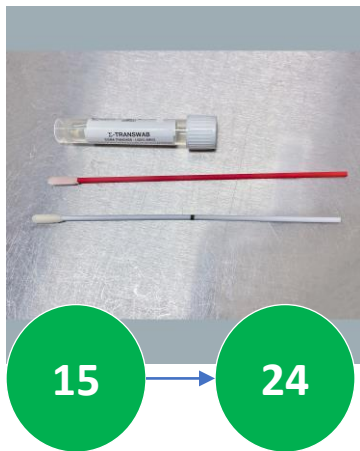
What things **do you need to know** about?

## Session 2 Discussion



**Question:** What is the uptake on free Condoms?

**Answer:** About 120,000 Free condoms a year are set out to people aged 15-24 in Norfolk

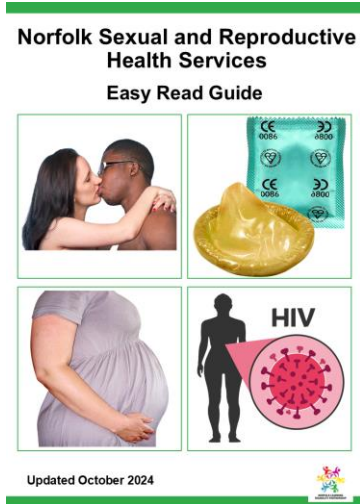


**Question:** Why is the screening for people aged 15-24 years?

**Answer:** People of this age are at a higher risk of catching an STI



# Session 2 Discussion



We asked people to look at the new easy read on Sexual Health Services in their own time and provide feedback via email



iCaSH are going to look at what information is already available before writing their own.

## Session 2-Actions



### **ACTION**

The Learning Disability Nurses would like to be invite to the next Locality Meeting to talk about how they can help with relationships.



### **ACTION**

The Norfolk Learning Disability Partnership will support the co-production of easy read documents.

# Break



Break

# Session 3: Norfolk Library Service



Norfolk Library  
Service

# Session 3: Norfolk Library Service



Libraries are safe and friendly places for you to visit



Library staff wear a Norfolk County Council badge



They are friendly and helpful

# Session 3: Norfolk Library Service – Things you can do at a Library



Borrow Books



Get help to learn to read



Use a Computer



Find Information



Meet With Friends



Take part in activities

# Session 3: Norfolk Library Service – Warm and Well



Norfolk Libraries also host Warm and Well



You can go to your Library 7 days a week to stay warm, met people and get support.

# Session 3: Norfolk Library Service – Get a Library Card



Anyone can get a Library Card. You will need ID with:



Your Name



Your Address



## Session 3 Discussion

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**Learn My Way-** a course to help you use computers and technology that the Library can help you with



List of regular events for the Libraries can be seen on the Library's Website.

[www.norfolk.gov.uk/article/40099/Whats-on-in-Norfolk-Libraries](http://www.norfolk.gov.uk/article/40099/Whats-on-in-Norfolk-Libraries)

## Session 2-Actions



The Library's Service would like to make their website more accessible.



### **ACTION**

They would like the help of the Norfolk Learning Disability Partnership and Self-Advocates to do this.

# Session 4: Any Other Business?



Any Other Business?

## Session 4 Discussion



The Locality Group discussed other locations for the Locality group to make it more accessible.

### **ACTION**

The Norfolk Learning Disability Partnership will look at some other venues in the City Centre to make it easier for people to attend.

# When is the next meeting ?

*This is a provisional date and venue*



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