

Norfolk Learning Disability Partnership: Great Yarmouth and Waveney Locality Group



Independence Matters
Suffolk Road
Gorleston-on-Sea
Great Yarmouth
NR31 0LJ

Agenda (1)



Welcome



Update on the Norfolk Learning Disability Partnership



Sex and Relationships

Agenda (2)



Break



Norfolk Library Service



Any other Business?

Session 1: Update from the Norfolk Learning Disability Partnership

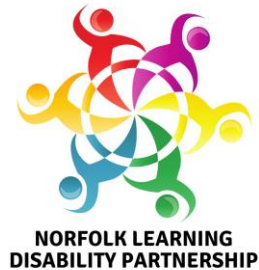


Update from the
Learning Disability
Partnership

Update from the Learning Disability Partnership



Lee Gibbons is now the Co-ordinator for the Norfolk Learning Disability Partnership



I will be holding these meetings and doing things on behalf of the Norfolk Learning Disability Partnership.



Lucy will be helping me do this.



Update from the Learning Disability Partnership



New updated website



Easy Read Library



Looking at the membership of the Board

Update from the Learning Disability Partnership



We would like more self-advocates to join the Board



You will receive an involvement fee for your time



We meet 4 times a year with 4 additional meetings.



Session 2: Sex and Relationships



Sex and
Relationships

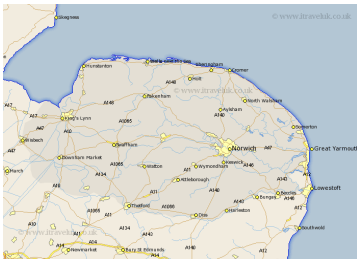
Session 2: Sex and Relationships



Neil Howard, Programme Lead, iCaSH Norfolk



iCaSH provides free and confidential services to support with sexual health.

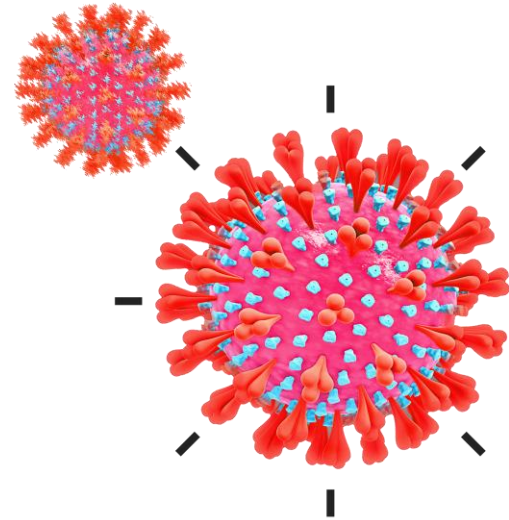


This service is for anyone who is in Norfolk

Session 2: Sex and Relationships – How we can help



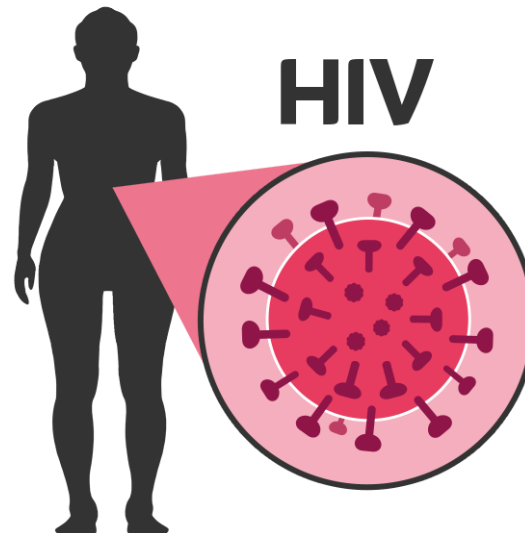
Access to Contraception



Sexually Transmitted Infections (STIs) Testing, Treatment and Advice



Chlamydia Screening



Human Immunodeficiency Virus (HIV) Support

Session 2: Sex and Relationships – iCaSH Website



iCaSH have a website



You can access this by going to:
www.icash.nhs.uk/norfolk

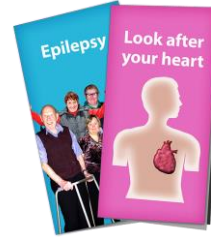


Information on the services we offer can be found
on here

Session 2: Sex and Relationships – iCaSH Website



Find your nearest Clinic
and book an appointment



Patient Information
Leaflets



Order STI testing Kits



Information on the C-Card
Scheme



Chlamydia Screening pick up points (16-24)

Session 2: Sex and Relationships – Other Services



You can access contraception, including condoms and STI testing kits from:



Your Local Pharmacy (Chemist)



Your GP Practice

Session 2: Sex and Relationships – Contact Information



0300 300 3030

www.icasnhs.uk/norfolk

Clinic Locations:

- Norwich – Oak Street
- King's Lynn – Vancouver House
- Gt Yarmouth – Breydon Clinic

Session 2: Sex and Relationships – What do we need to do next?



ACTION The Learning Disability Partnership to send the Easy Read Guide on Sexual Health Services to providers for self advocates to feedback on

Session 2: Discussion



Question: Does iCaSH cover Waveney?

Answer: Waveney is covered by a company called Suffolk Sexual Health Service

Website: <https://suffolksexualhealthservice.org.uk/>



Question: The testing kits that get sent to peoples home do they come with easy read to explain what it is?

Answer: No, this is an action to work on

Break



Break

Session 3: Norfolk Library Service



Norfolk Library
Service

Session 3: Norfolk Library Service



Libraries are safe and friendly places for you to visit



Library staff wear a Norfolk County Council badge



They are friendly and helpful

Session 3: Norfolk Library Service – Things you can do at a Library



Borrow Books



Get help to learn to read



Use a Computer



Find Information



Meet With Friends



Take part in activities

Session 3: Norfolk Library Service – Warm and Well



Norfolk Libraries also host Warm and Well



You can go to your Library 7 days a week to stay warm, met people and get support.

Session 3: Norfolk Library Service – Get a Library Card



Anyone can get a Library Card. You will need ID with:



Your Name



Your Address

Session 3: Discussion



Learn My Way - a course to help you use computers and technology that the Library can help you with



List of regular events for the Libraries can be seen on the Library's Website.

www.norfolk.gov.uk/article/40099/Whats-on-inNorfolk-Libraries

Session 3: Discussion



Question: Do the libraries still not charge people with Learning Disabilities if a book is returned late?

Answer: Yes, people with learning disabilities do not have to pay a fee



Library

Question: How can I Volunteer at my local library?

Answer: Go into your local library and talk to the staff, they will be happy to help

Session 4: Any Other Business?



Any Other
Business?

Session 4: Any Other Business?



The winter 2024 out and about in East has been finished by Opening Doors



Opening Doors are holding safeguarding workshops for adults with Learning Disabilities in Norwich, Yarmouth and Cromer



If you would like more details, please call: 01603 631 433 – Opening Doors number
Or look on the Norfolk Learning Disability Website

When is the next meeting ?



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